



SCHEMA is one day suicide prevention training programme that is designed to develop suicide intervention skills to support people from all walks of life to assist individuals with thoughts of suicide to consider life as an option.

HOW IT WILL HELP YOU

- Spot the signals of possible suicide ideation
 - Explore with empathy
- Enable short-term support
- Appropriate Signposting
 - Ask the right questions
- Assess risk and forward plan
- Learn the skills that can save lives

VENUE

Urban Workspace
69 Steward Street
Birmingham
B18 7AF



DETAILS

Date : October 22nd 2026

Time : 9am - 4.30pm

For more information & to book places

Email : info@forwardforlife.org

Tel : 07585776800